

# Spiritual Communion

*For those unable to attend  
the Eucharist at this time*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

## *The Collect for Purity*

Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

## *The Collect*

Lord, you are the bread of life.  
May I hunger after the heavenly Food  
you give for the life of the world,  
so that I might live in and through you,  
the Source of the fullness of joy;  
Jesus Christ, our Lord. Amen

## *The Gospel - John 15: 9-12*

Jesus said, 'As the Father has loved me, so  
have I loved you. Now remain in my love.  
If you keep my commands, you will  
remain in my love, just as I have kept my  
Father's commands and remain in his  
love. I have told you this so that my joy  
may be in you and that your joy may be  
complete. My command is this: Love each  
other as I have loved you.'

*Take some time to pray silently for your family  
and friends, for the world at this time, and yourself,  
giving thanks for the blessings of your life.*

## *Act of Reception*

In union, dear Lord, with the faithful who  
long to gather around your holy table  
throughout the world, I offer you thanks  
and praise. Since I cannot now receive  
you sacramentally, I ask you to dwell  
spiritually within my heart. I unite myself  
to your love and embrace you in that  
same love. Let me never be parted from  
you. Amen.

May the Body and Blood of our Lord  
Jesus Christ preserve my body and soul  
unto everlasting life. Amen.

## *Thanks and Praise*

I thank you dear Lord, that in great love  
you gave yourself for me upon the cross.  
Strengthen me, that I may show this  
knowledge in all that I do, knowing that  
nothing can separate me from you. Amen

*Go in peace to love and serve the Lord*

